



City of Long Beach
Working Together to Serve

Memorandum

Date: March 27, 2019
To: Patrick H. West, City Manager *T.M.*
From: Kelly Colopy, Director of Health and Human Services *KC*
For: Mayor and Members of the City Council
Subject: **National Public Health Week – April 1-7, 2019**

During the first full week of April, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation's health. Long Beach participates every year to celebrate how each of us can make a difference in building health and wellness in Long Beach.

The City of Long Beach Department of Health and Human Services (Health Department) will celebrate National Public Health Week (April 1-7, 2019) with many activities, several open to the public.

• **Monday, April 1 – Engaging our High School Students in Public Health Career Paths**

- Public Health week begins with the visit of 230 health and medical path high school students from Beach, McBride, Poly, Jordan, and the Link Program to the Health Department. Students will learn about careers in public health by participating in interactive stations showcasing Emergency Management, Clinical Services, Public Health Nursing, Vector Control, Cannabis and Tobacco Education, Environmental Health, and the Healthy Active Long Beach Program. Students will be divided between two sessions, 9:00 a.m. to 12:30 p.m. or 12:30 p.m. to 3:30 p.m. In case of rain, the student experience will be rescheduled. *This event is open to the press, but not the public.*

• **Tuesday, April 2 – Family and Community Level Violence Prevention Approaches**

- 3:30 p.m. to 5:00 p.m. - Public Health Violence Prevention Approaches: The lobby of City Hall will be converted into a gallery display of various violence prevention programs and initiatives focused on strengthening family protective factors and improving the quality of life for Long Beach residents. Light refreshments, trauma-informed self-care activities and program information will be shared with all who attend this public event.
- 3:00 p.m. to 5:00 p.m. - Sexual Assault 101: Myths, Facts, Impacts and Resources: The workshop will be held at the main Health Department facility, 2525 Grand Avenue. Seeking to improve the quality of life for those victimized by sexual assault, the YWCA Sexual Assault Crisis Services strives to expand awareness in the community on issues related to sexual violence. Open to the public, community agencies, and Health Department staff – space is limited to 60 participants. Click [here](#) to register.

- 5:00 p.m. -- City Council Presentation: Health Department Director Kelly Colopy will present the faces of public health in Long Beach and the many contributions public health makes to create a healthier and safer city for all who live, work and play.
- **Wednesday, April 3 – “Walking Wednesday”**
 - The Health Department is launching a “Walking Wednesday” challenge, and is inviting the whole community to join in on the fun! How can you participate? It is simple, capture a photo while out taking a walk, or while you stroll/roll through Long Beach, and use the hashtag #walkwednesdayLBC. Looking for a way to step it up? Organize a walking challenge in your neighborhood, workplace, or with your family and friends.
- **Thursday, April 4 – Creating a Healthier Long Beach airs on Long Beach TV**
 - Featuring interviews with Health Department Director Kelly Colopy and City Health Officer Dr. Anissa Davis, Long Beach TV will broadcast a special showing of “Creating a Healthier Long Beach.” Viewers will learn about the overall public health issues in Long Beach, as well as the many interesting programs, services, and activities taking place across the City, including those behind the scenes. The video will also be posted on the [Long Beach Health Department Facebook Page](#).

For additional information regarding these events, please feel free to contact me at (562) 570-4016, or email me at kelly.collopy@longbeach.gov.

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